



Mathematical Mindset Quiz

1. Circle the number for each question which best describes you.
2. Total and record your score when you have completed each of the 10 questions.
3. Using the SCORE chart, record your mindset.

	Strongly Agree	Agree	Disagree	Strongly Disagree
Your mathematical ability is something very basic about you that you can't change very much.	0	1	2	3
No matter how much mathematical ability you have, you can always change it quite a bit.	3	2	1	0
Only a few people will be truly good at mathematics, you have to be born with the ability.	0	1	2	3
The more you persist at understanding mathematics, the better at it you will be.	3	2	1	0
I often get frustrated when I have to solve a problem.	0	1	2	3
I appreciate when people or colleagues give me help solving a problem.	3	2	1	0
Truly smart people do not need to try hard to be good at math.	0	1	2	3
You can always improve your mathematical ability	3	2	1	0
You are a "math person" or not and there is not much that can be done to really change that.	0	1	2	3
An important reason why I do my job is that I enjoy learning new things.	3	2	1	0

SCORE CHART

22---30 = Open Mathematical Mindset

17---21 = Open Mathematical Mindset with some **narrow** ideas

11---16 = Narrow Mathematical Mindset with some open ideas

0---10 = Narrow Mathematical Mindset

MY SCORE:

MY MINDSET:

Adapted from:

<https://advising.unc.edu/wp-content/uploads/sites/341/2020/07/MINDSET-Quiz.pdf>